A Time for Struggle and for Sowing Seeds

Women's Forum for Life

November 25 marks the International Day for the Elimination of Violence against Women. In Honduras, we women take to the streets for those who are no longer with us; for those whose dreams have been snatched away; for those who wait for justice and protection but never receive it; for those who live in fear.

This day, established in memory of the Mirabal sisters—who were murdered in the Dominican Republic at the hands of the Trujillo dictatorship—seeks to raise awareness, shed light on the issue, and, above all, demand a life free from violence for women in every corner of the world.

Honduras is one of the countries with the highest levels of violence against women in Latin America, where more than 8,751 women have lost their lives as victims of femicide from 2002 through October 2026. Unfortunately, femicides are only one example of the extreme violence women face in the country. Forms of violence such as disappearances have increased at an alarming rate. In just two years, between 2024 and 2025, 895 cases of missing women were reported.[1]

These crimes are shrouded in impunity; more than 95 percent remain unsolved. Behind every act of violence, there are shattered dreams, erased smiles, and families and communities filled with pain.

That is why, on this November 25, the organizations that make up the Women's Forum for Life—a feminist space that brings together more than 14 women's organizations—are coming together from different regions of the country. With banners and signs; with slogans and drumming. Filled with strength and rage. With the certainty that "if they touch one of us, we all respond."

Amid a country in turmoil and imminent threats to our rights, this day is also a time for us to come together; it is a space to reflect on women's struggles in different contexts, to give thanks for the strength that sustains us. It is time to remember our ancestors and to build hope.

Now that our aggressors are also joining forces on a global scale, it is urgent that the bonds of sisterhood among women be strengthened. While our governments rely on weapons and the control of our bodies and communities, we continue to sow peace and rebellion for the world we dream of and deserve.

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[1] Observatorio de Seguridad de las Mujeres/Foro de Mujeres por la Vida