transforming practice

September 29, 2024

Opening Song O Lord Hear My Prayer | Taize

Scripture World Council of Churches

Give me a heart of poverty, able to love and open up and give myself to others. Give me a heart of patience,

able to love and live in hope.

Give me a heart of peacefulness able to love and sow peace in the world.

Give me a heart of justice, able to love and measure myself by the standard of justice.

Give me a heart of mercifulness, able to love and understand and forgive others.

Give me a heart of sensitivity, able to love and weep without being discouraged.

Give me a heart of purity, able to love and see God in everyone.

Give me a heart of strength, able to love and be faithful unto death.

Give me a heart touched by the Gospel, able to love.

Scripture

John 17: 17b, 17a

"Your word, O Lord, is truth; consecrate us in the truth."

A Pause in the Midst of Elections 11 Minute Election 2024 Loving Kindness **Guided Meditation**

Practice

How to Have Conversations with People who Disagree with You

Use these questions to guide your cross-partisan conversations:

"Which life experiences have shaped your views?"

"Imagine for a moment that you got what you wanted in regard to this issue. How would your life change?"

"For those who disagree with you, what would you like them to understand about you?"

"What do you want to understand about those with whom you disagree?"

"Why is this personally important to you?"

(Source: Solutions Journalism)

Suggested practice:

Take a few moments to reflect on these questions.

Choose a conversation partner or small group and share your responses.

Now, find a colleague, neighbor or someone that you do not know as well and invite them to share their responses to these questions, remembering not to persuade, but to listen.

Closing Prayer

Let us know peace.

For as long as the moon shall rise,

For as long as the rivers shall flow,

For as long as the sun shall shine,

For as long as the grass shall grow,

Let us know peace.



