



# continuing the journey of transforming grace:

## transforming practice

October 13, 2024

### *Opening Song*

One | India Aire

### *Opening Reflection*

Don't put people in boxes

### *Scripture*

Mark 10:27

"For human beings it is impossible, but not for God.  
All things are possible for God."

### *Voting Wisdom*

"We must meet hate with love. We must meet physical force with soul force. There is still a voice crying out through the vista of time, saying: 'Love your enemies, bless them that curse you, pray for them that despitefully use you.' Then, and only then, can you matriculate into the university of eternal life. That same voice cries out in terms lifted to cosmic proportions: 'He who lives by the sword will perish by the sword.' And history is replete with the bleached bones of nations that failed to follow this command. We must follow nonviolence and love." – Martin Luther King Jr., Give Us the Ballot Address, May 7, 1957

"It always seems impossible until it is done."  
– Nelson Mandela

"I certainly do not think our failure to vote is part of our democratic system. I think it stems from the fact so many people believe that all rights and freedoms that go with democracy are going on regardless of what we do" – Eleanor Roosevelt, November 1950

"Voting isn't the most we can do, but the least. To have a democracy, you have to want one." – Gloria Steinem, *My Life on the Road*

"The vote is the most powerful nonviolent tool we have." – John Lewis

### *Listen and Learn*

This is why we still have the electoral college |  
Harvard Kennedy School

### *For Reflection and Dialogue*

Take a few minutes to reflect and then share with a conversation partner or small group.

Reflecting on the history of the electoral college and the impact on the present moment, where do you experience intersection with our journey of healing division and polarization?

This week, what can we each do to encourage another to vote, even in the face of the concern regarding fair and just elections?

How does your life of faith support you in these days of anticipating the election?

### *Closing Prayer*

Meditation for Election Stress

### *Closing Song*

Canticle of the Creatures | Simon de Voil

